

# Camp Mardela COVID-19 Guidance

---

Updated 5/7/2022

These guidelines have come from the CDC as per the current revisions to Summer Camp protocol from Governor Larry Hogan. Protocol is subject to change pending federal, state, and local revisions.

## Nonpharmaceutical Interventions (NPIs)

### Staying Home when Appropriate

- Employees and campers should stay home if:
  - they are sick.
  - they have recently had a close contact with a person who has COVID-19.
  - they have tested positive for COVID-19.
  - they are showing at least 2 symptoms consistent with COVID-19.

### Hand Hygiene and Respiratory Etiquette

- Campers, staff, and volunteers are encouraged to wash their hands with soap and water for at least 20 seconds after coughing, sneezing, using the facilities, or using shared objects.
- If soap and water are not readily available, hand sanitizer that contains at least 60% alcohol can be used (however hand sanitizer is not as effective as hand washing).

### Masks

- *Masks are now optional at Camp Mardela. Masks will be provided to campers at registration if they would like one, but due to the other NPI's in place and low local transmission rate, they will not be required. Anyone who wants to wear a mask, however, will not be discouraged.*
- Note: masks should not be placed on:
  - Babies or children younger than 2 years old
  - Anyone who has trouble breathing or is unconscious.
  - Anyone who is incapacitated or unable to remove the cover without help.
- Masks should also not be worn when:
  - Eating
  - Showering
  - Swimming
  - Sleeping



## **Cleaning and Disinfection**

- Frequently touched surfaces will be cleaned after each use.
- Bathrooms will be cleaned and disinfected at least once daily.
- Cabins will be cleaned and disinfected at least once daily.
- Campers, staff, and volunteers should avoid placing personal hygiene products directly on high touch surfaces.
- The following supplies will be provided by camp for the safety of the campers, staff, and volunteers:
  - Soap
  - Paper Towels
  - Hand sanitizer with at least 60% alcohol
  - Disinfectant wipes
  - Masks (one per camper registration)
- Each camper's belongings will be separated from others' in individually labeled containers, cubbies, or areas.

## **Ventilation**

- Ventilation of buildings will be maintained by opening doors and windows to allow air to cycle through the buildings being used when possible.
- When living spaces are unoccupied, fans and air conditioners must run for at least 4 hours before the space can be inhabited again.

## **Modified Layouts**

- Campers will be placed head-to-toe in cabin bunks to ensure distance between faces.
- Outdoor activities where social distancing is possible will be prioritized.

## **Food Service**

- Day campers will pack lunches from home and eat outdoors when possible.
- A cafeteria-style line where one person serves food to each person on their own individual place or tray will be used to limit use of shared utensils or consumable food items.
- Campers, staff, and volunteers may remove masks to eat and drink once they are seated.
- Reusable plates and utensils will be used for meals, since they can be adequately washed and sanitized.

## Operational Risk Reductions

### Program Modifications

- Overnight camp cabins will be filled to no more than 70% capacity
- If areas need to be shared between camps, times will be scheduled for each group to use the shared areas, and they will be cleaned and disinfected after each group's use.
- Campers will stay together in small /cabin groups no larger than 10 (8 campers, 2 adults). Activities will be done primarily in these small /cabin groups.

### Gatherings, Visitors, and Field Trips

- Nonessential visitors, volunteers, and external groups will be reduced. All visitors must complete volunteer paperwork and undergo COVID-19 screening.
- When transportation is used for camp activities, it will be sanitized before and after each use, with windows open and seating spaced where possible.
- Camp showcases will take place outside of distanced and ventilated indoors.

### Communication Systems

- Campers, staff, and volunteers will be asked to self-report if they have symptoms of COVID-19, a positive test for COVID-19, or were exposed to someone with COVID-19 in the last 14 days.
- Self-reporting will be done through the Health History Addendum before camp and daily screening checks at camp.
  - Camp Mardela will not be conducting COVID-19 testing for campers. If you would like to self-test for COVID-19, please bring proof of your negative test within a week of camp. *Pre-camp testing is not required.*
- Campers, staff, and volunteers will be notified immediately if someone at camp has come in close-contact with someone who has tested positive for COVID-19.
  - Close contact will be determined through contact tracing as anyone within 6 feet of an infected person for a cumulative 15 minutes over a 24 hour period regardless of masking.
  - Campers, staff, and volunteers who have been exposed will be asked to quarantine up to 14 days after the first known date of exposure at home or on camp property if self-quarantine is not possible or advisable.
  - If an outbreak is determined (defined as two or more contacts identified as having active COVID-19 that are linked to the same source, but the linkage is established outside of a case investigation and contact tracing) then action will be taken to shut



down camp operation, and campers, staff, and volunteers will be asked to quarantine for 14 days before resuming activity on camp property.

- In the unlikely event of an outbreak, the \$60 deposit paid for camps affected by the outbreak will cover a camp care package that will be given to campers to participate in camp activities from home.

### **Vaccinations**

- Staff, volunteers, and campers are strongly encouraged to get the COVID-19 vaccines if they are eligible.
- Staff, volunteers, and campers will not be excluded from camp if they have not received the vaccine, due to limited availability for younger age groups.
- Ventilation, sanitization, and outdoor activities will be in place so that all staff, volunteers, and campers will be able to safely enjoy camp while limiting the spread of COVID-19.
- All staff, volunteers, and campers are expected to follow the above stated guidance.



## Preparing for When Someone Gets Sick

### **Isolation of sick campers, staff, or volunteers**

- Immediately separate staff and campers with at least 2 COVID-19 symptoms (such as fever, severe cough, or shortness of breath) at camp.
- An isolation room will be available to separate anyone who has COVID-19 symptoms or who has tested positive but does not have symptoms. They will be cared for and monitored by the camp nurse until they can be transported home or to the hospital.
- Sick campers, staff, or volunteers should not return to camp until they have met CDC criteria to discontinue home isolation.
  - Vaccinated staff, volunteers, or campers who were exposed to a sick person and are not showing symptoms are not required to self-isolate

### **Clean and Disinfect**

- Areas used by a sick person will be closed and not used until after cleaning and disinfecting.
- 24 hours must pass before cleaning and disinfecting these areas.

### **Notify Health Officials and Close Contacts**

- Local health officials, staff, and families will be notified immediately of any case of COVID-19 while maintaining confidentiality.
- Close contacts will be advised to separate themselves, self-monitor for symptoms, and follow CDC guidance if symptoms develop.

### **Special Considerations for Overnight Camps**

- Camp Mardela does accept campers, staff, and volunteers from other states, including Delaware, Virginia, Washington D.C, Pennsylvania, New Jersey, Michigan, and Illinois.
- Staff and volunteers will monitor and enforce social distancing and healthy hygiene behaviors throughout the day and night.
- External community organizations that share the camp facilities will be asked to follow these considerations as well.



# Summer 2021 COVID-19 Staff Health History Addendum

## COVID-19 Health History

1. Did you receive a negative COVID-19 test 7 days prior to camp? **Yes No**
  - a. If Yes, Attach a copy of the negative COVID-19 test result.
  
2. Will you be fully vaccinated against COVID-19 14 days prior to camp? **Yes No N/A**
  - a. If Yes, Attach a copy of the COVID vaccination card. You
  
3. Do you have a condition that may mimic the symptoms of COVID-19? **Yes No**
  - a. If Yes, please explain: \_\_\_\_\_

- 
4. Have you had any other illness within the last 6 months? **Yes No**  
Name or type of illness: \_\_\_\_\_
  
  5. Do you have a medical diagnosis that is considered high-risk or that could put them at increased risk of complications with COVID-19? **Yes No**
    - a. If Yes, please be evaluated by your provider and send a note from your doctor indicating that you are cleared to participate in camp.

- 
6. Have you been diagnosed with COVID-19 in the last 90 days? **Yes No**  
If Yes:
    - a. Date of your diagnosis? \_\_\_\_\_
    - b. Was the diagnosis confirmed with a COVID-19 Test? **Yes No**  
Please submit a copy of the COVID-19 Test to camp.
  
  7. Have you been diagnosed with COVID-19 in the last 6 months? **Yes No**  
If Yes:
    - a. Have you had a post-illness visit prior to returning to physical activity? **Yes No**  
Please send a note from your child's doctor indicating that they are cleared to participate in the physical activity of camp.

I, \_\_\_\_\_ (as the legal guardian of \_\_\_\_\_) can attest that the above stated information is true and accurate to my best knowledge. I agree to follow the protocol set forth by Camp Mardela to mitigate these risks, and agree to answer this addendum and pre-screening documents (attached below) pre-camp health screening and daily camp screening (conducted by camp nurse) honestly to help Camp Mardela lower the risk of COVID-19 in the camp setting, and that misinformation could put myself and other at risk of contracting COVID-19.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

# COVID-19 Individual Release form

In consideration of participation in the foregoing, the undersigned acknowledge & agree to the following:

- I am aware of the existence of the risk of my physical appearance to the venue and my participation in the activity of Camp Mardela, Inc. that may cause injury or illness such as, but not limited to Influenza, MRSA, or COVID-19 that may lead to paralysis or death.
- I have not experienced symptoms of fever, fatigue, difficulty in breathing, dry cough or other symptoms relating to COVID-19, nor any member(s) of my house within the last 14 days.
- I will follow the guidelines of the Camp Mardela COVID-19 guidance & I understand that failure to comply with the guidance poses a risk to myself & those in close contact of me.
- I understand that if my actions do not comply with these guidelines, and as a result pose a significant threat to the health and well-being of the others, I may be asked to leave the premises until I am able to comply with the aforementioned regulations.

Following the pronouncements above I hereby declare the following:

- I am fully and personally responsible for my own safety and actions throughout my participation and I recognize that I may be at risk of contracting COVID-19.
- With full knowledge of the risks involved, I hereby release, waive, discharge Camp Mardela, Inc., its board, officers, affiliates, employees, and representatives from any liabilities, claims, demands, actions, and causes of action directly or indirectly arising out of or related to any unintentional exposure, loss, damage, injury, or death that may be sustained by me related to COVID-19 while participating in any activity while in, on, or around the premises.
- I agree to indemnify, defend, and hold harmless Camp Mardela, Inc. from and against any costs, expenses, damages, lawsuits, and/or claims made by any person due to violations I commit of the Camp Mardela COVID-19 Guidance.

By signing below I acknowledge that I have read the foregoing Liability Release Waiver as well as Camp Mardela's COVID-19 Guidance and understand its contents; that I am at least eighteen (18) years old and fully competent to give my consent; that if I am not at least eighteen (18) years of age, my parent/legal guardian has signed this release on my behalf; That I have been informed of the risks involved and give voluntary consent in signing this Liability Release Waiver as my own free act with full intention to be bound by the same, and free from any inducement or representation.

Participant Printed Name: \_\_\_\_\_ Date: \_\_\_\_\_

Participant or Parent/Guardian Signature: \_\_\_\_\_

Participant or Parent/Guardian Contact Information: \_\_\_\_\_