

Camp Mardela COVID-19 Guidance

Updated 6/8/2021

These guidelines have come from the CDC as per the current revisions to Summer Camp protocol from Governor Larry Hogan. Protocol is subject to change pending federal, state, and local revisions.

Nonpharmaceutical Interventions (NPIs)

Staying Home when Appropriate

- Employees and campers should stay home if:
 - they are sick.
 - they have recently had a close contact with a person who has COVID-19.
 - they have tested positive for COVID-19.
 - they are showing at least 2 symptoms consistent with COVID-19.

Hand Hygiene and Respiratory Etiquette

- Campers, staff, and volunteers are encouraged to wash their hands with soap and water for at least 20 seconds after coughing, sneezing, using the facilities, or using shared objects.
- If soap and water are not readily available, hand sanitizer that contains at least 60% alcohol can be used (however hand sanitizer is not as effective as hand washing).

Masks

- Masks should be worn by staff and campers when physical distancing is not possible indoors. They are not required outside.
 - If 70% of staff and campers are vaccinated, masks will not be required.
- Note: masks should not be placed on:
 - Babies or children younger than 2 years old
 - Anyone who has trouble breathing or is unconscious.
 - Anyone who is incapacitated or unable to remove the cover without help.
- Masks should also not be worn when:
 - Eating
 - Showering
 - Swimming
 - Sleeping



Cleaning and Disinfection

- Frequently touched surfaces will be cleaned after each use.
- Use of shared objects will be limited. Objects used will be disinfected after each use.
- Bathrooms will be cleaned and disinfected at least once daily.
- Cabins will be cleaned and disinfected at least once daily.
- Campers, staff, and volunteers should avoid placing personal hygiene products directly on high touch surfaces.
- The following supplies will be provided by camp for the safety of the campers, staff, and volunteers:
 - Soap
 - Paper Towels
 - Hand sanitizer with at least 60% alcohol
 - Disinfectant wipes
 - Masks (one per camper registration)

Shared Objects

- Sharing items that are difficult to clean or disinfect will be reduced.
- Each camper's belongings will be separated from others' in individually labeled containers, cubbies, or areas.
- Campers will be assigned objects needed for activities to avoid sharing objects.

Ventilation

- Ventilation of buildings will be maintained by opening doors and windows to allow air to cycle through the buildings being used when possible.
- When living spaces are unoccupied, fans and air conditioners must run for at least 4 hours before the space can be inhabited again.

Modified Layouts

- Seating will be spaced 6 feet apart indoors.
- Campers will be placed head-to-toe in cabin bunks to ensure distance between faces.
- Outdoor activities where social distancing is possible will be prioritized.

Physical Barriers and Guides

- Physical guides will be provided to ensure that staff and campers remain at least 6 feet apart indoors.



- Signage provided by the CDC regarding hand washing, masks, covering coughs, and distancing will be posted in highly visible areas.

Communal Spaces

- Use of shared spaces, such as the dining halls and craft house, will be staggered.
- Campers, staff, and volunteers will clean after each use.

Food Service

- Day campers will pack lunches from home and eat outdoors when possible.
- Overnight campers will be socially distanced within the dining hall during mealtimes.
- Pre-packaged boxes, bags or plates will be made for each camper to avoid sharing dishes or utensils.
- When pre-packaged food is not an option, a cafeteria-style line where one person serves food to each person on their own individual place or tray will be used to limit use of shared utensils or consumable food items.
- Those in the line and serving food to persons are required to wear masks.
- Campers, staff, and volunteers may remove masks to eat and drink once they are seated.
- Campers, staff, and volunteers must be seated at least 6 feet apart when eating indoors and 3 feet when outdoors.

Operational Risk Reductions

Program Modifications

- Day camps will be utilized for campers, staff, and volunteers who are at higher risk of severe illness from COVID-19.
- Day camps and modified overnight camps will be encouraged to stay in separate locations of Camp Mardela to avoid commingling with large groups.
 - Day camp drop-off/pick-up location will be at the pavilion.
 - All other overnight programming drop-off/pick-up locations will be at the camping area.
 - Day camps who will participating in the overnight stay Wednesday-Thursday will still pick-up/drop-off at the pavilion.
- If areas need to be shared, times will be scheduled for each group to use the shared areas, and they will be cleaned and disinfected after each group's use of the area.

Identifying Small Groups and Keeping Them Together (Cohorting)

- Campers will stay together in groups no larger than 10 (8 campers, 2 adults). Activities will be done primarily in these smaller groups/cabin groups.
- Mixing between groups will be limited.

Gatherings, Visitors, and Field Trips

- Nonessential visitors, volunteers, and external groups will be reduced unless visitors are fully vaccinated.
- Activities such as field trips and special performances will be reduced.
- When transportation is used for camp activities, it will be sanitized before and after each use.
- Campers, staff, and volunteers travelling in vehicles will be seated at 3-foot intervals with the windows open.

Communication Systems

- Campers, staff, and volunteers will be asked to self-report if they have symptoms of COVID-19, a positive test for COVID-19, or were exposed to someone with COVID-19 in the last 14 days.
- Self-reporting will be done through pre-screening questionnaires at least one week before camp and daily screening checks at camp.



- Camp Mardela will not be conducting COVID-19 testing for campers. We will have emergency tests on hand in case a camper develops 2 or more symptoms of COVID-19. If you would like to self-test for COVID-19, please bring proof of your negative test within a week of camp.
- Campers, staff, and volunteers will be notified immediately if someone at camp has come in close-contact with someone who has tested positive for COVID-19.
 - Close contact will be determined through contact tracing as anyone within 6 feet of an infected person for a cumulative 15 minutes over a 24 hour period regardless of masking.
 - Campers, staff, and volunteers who have been exposed will be asked to quarantine up to 14 days after the first known date of exposure at home or on camp property if self-quarantine is not possible or advisable.
 - If an outbreak is determined (defined as two or more contacts identified as having active COVID-19 that are linked to the same source, but the linkage is established outside of a case investigation and contact tracing) then action will be taken to shut down camp operation, and campers, staff, and volunteers will be asked to quarantine for 14 days before resuming activity on camp property.
 - In the unlikely event of an outbreak, the \$60 deposit paid for camps affected by the outbreak will cover a camp care package that will be given to campers to participate in camp activities from home.

Staff Training

- Staff and volunteers will be trained in the necessary COVID-19 protocol.
- Training will occur safely distanced with online participation as needed.

Vaccinations

- Staff, volunteers, and campers are strongly encouraged to get the COVID-19 vaccines as soon as they are eligible.
- Staff, volunteers, and campers will not be excluded from camp if they have not received the vaccine, due to limited availability for younger age groups.
- Other Non-Pharmaceutical Interventions will be in place so that all staff, volunteers, and campers, vaccinated or not, will be able to safely enjoy camp while limiting the spread of COVID-19.
- All staff, volunteers, and campers are expected to follow the above stated guidance.

Preparing for When Someone Gets Sick

Isolation of sick campers, staff, or volunteers

- Immediately separate staff and campers with at least 2 COVID-19 symptoms (such as fever, severe cough, or shortness of breath) at camp.
- An isolation room will be available to separate anyone who has COVID-19 symptoms or who has tested positive but does not have symptoms. They will be cared for and monitored by the camp nurse until they can be transported home or to the hospital.
- Sick campers, staff, or volunteers should not return to camp until they have met CDC criteria to discontinue home isolation.
 - Vaccinated staff, volunteers, or campers who were exposed to a sick person and are not showing symptoms are not required to self-isolate

Clean and Disinfect

- Areas used by a sick person will be closed off and not used until after cleaning and disinfecting them.
- 24 hours must pass before cleaning and disinfecting these areas.

Notify Health Officials and Close Contacts

- Local health officials, staff, and families will be notified immediately of any case of COVID-19 while maintaining confidentiality.
- Those who had close contact with a person diagnosed with COVID-19 will be advised to separate themselves, self-monitor for symptoms, and follow CDC guidance if symptoms develop.

Special Considerations for Overnight Camps

- Camp Mardela does accept campers, staff, and volunteers from other states, including Delaware, Virginia, Pennsylvania, Michigan, and New Jersey.
- Staff and volunteers will monitor and enforce social distancing and healthy hygiene behaviors throughout the day and night.
- External community organizations that share the camp facilities will be asked follow these considerations as well.



Summer 2021 COVID-19 Staff Health History Addendum

COVID-19 Health History

1. Did you receive a negative COVID-19 test 7 days prior to camp? **Yes No**
 - a. If Yes, Attach a copy of the negative COVID-19 test result.

2. Will you be fully vaccinated against COVID-19 14 days prior to camp? **Yes No N/A**
 - a. If Yes, Attach a copy of the COVID vaccination card. You

3. Do you have a condition that may mimic the symptoms of COVID-19? **Yes No**
 - a. If Yes, please explain: _____

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4. Have you had any other illness within the last 6 months? **Yes No**
Name or type of illness: _____

 5. Do you have a medical diagnosis that is considered high-risk or that could put them at increased risk of complications with COVID-19? **Yes No**
 - a. If Yes, please be evaluated by your provider and send a note from your doctor indicating that you are cleared to participate in camp.

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6. Have you been diagnosed with COVID-19 in the last 90 days? **Yes No**
If Yes:
 - a. Date of your diagnosis? _____
 - b. Was the diagnosis confirmed with a COVID-19 Test? **Yes No**
Please submit a copy of the COVID-19 Test to camp.

 7. Have you been diagnosed with COVID-19 in the last 6 months? **Yes No**
If Yes:
 - a. Have you had a post-illness visit prior to returning to physical activity? **Yes No**
Please send a note from your child's doctor indicating that they are cleared to participate in the physical activity of camp.

I, _____ (as the legal guardian of _____) can attest that the above stated information is true and accurate to my best knowledge. I agree to follow the protocol set forth by Camp Mardela to mitigate these risks, and agree to answer this addendum and pre-screening documents (attached below) pre-camp health screening and daily camp screening (conducted by camp nurse) honestly to help Camp Mardela lower the risk of COVID-19 in the camp setting, and that misinformation could put myself and other at risk of contracting COVID-19.

Signed: _____ Date: _____

COVID-19 Pre-Screening Form



COVID-19 Prescreening Tool

This tool is to be used by campers and/or staff 14 days immediately before arrival at camp. The intent is to create a conscious effort for self-examination of potential symptoms. Campers and staff are encouraged to bring this document share during the initial health screening process at camp.

Screening Element	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Temperature? (Take Temp)							
Cough? (Y/N)							
Headache? (Y/N)							
Shortness of breath or difficulty breathing? (Y/N)							
Fever (>100.4)? (Y/N)							
Chills? (Y/N)							
Muscle aches? (Y/N)							
New loss of taste or smell? (Y/N)							
Nausea, vomiting, or diarrhea? (Y/N)							
Quarantined for at least 2 weeks directly prior to camp? (Y/N)							
Exposed to someone ill or someone who has had COVID-19? (Y/N)							
National or International travel in the last month? (Y/N)							

Y = Yes; N = No

Quarantine: The request is to have individuals separate themselves from the larger population in an effort to help minimize the risk of being exposed to coronavirus.

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Screening Element	Day 8	Day 9	Day 10	Day 11	Day 12	Day 13	Day 14
Temperature? (Take Temp)							
Cough? (Y/N)							
Headache? (Y/N)							
Shortness of breath or difficulty breathing? (Y/N)							
Fever (>100.4)? (Y/N)							
Chills? (Y/N)							
Muscle aches? (Y/N)							
New loss of taste or smell? (Y/N)							
Nausea, vomiting, or diarrhea? (Y/N)							
Quarantined for at least 2 weeks directly prior to camp? (Y/N)							
Exposed to someone ill or someone who has had COVID-19? (Y/N)							
National or International travel in the last month? (Y/N)							

Y = Yes; N = No

Quarantine: The request is to have individuals separate themselves from the larger population in an effort to help minimize the risk of being exposed to coronavirus.

May 2020

COVID-19 Individual Release form

The World Health Organization has declared the novel Coronavirus (COVID-19) a worldwide pandemic. Due to its capacity to transmit from person-to-person through respiratory droplets, the government has set recommendations, guidelines, and some prohibitions with which Camp Mardela, Inc. will comply.

In consideration of my participation in the foregoing, the undersigned acknowledge and agree to the following:

- I am aware of the existence of the risk on my physical appearance to the venue and my participation in the activity of Camp Mardela, Inc. that may cause injury or illness such as, but not limited to Influenza, MRSA, or COVID-19 that may lead to paralysis or death.
- I have not experienced symptoms of fever, fatigue, difficulty in breathing, dry cough or any other symptoms relating to COVID-19 or any communicable disease within the last 14 days.
- I have not, nor any member(s) of my household, traveled by sea or by air, internationally within the past 14 days.
- I have not been, nor any member(s) of my household, diagnosed to be infected of COVID-19 virus within the last 14 days.
- I will wear a mask that fully covers the mouth and nose while on Camp Mardela property when 6 feet of distance is not able to be maintained.
- I will follow the guidelines of the Camp Mardela COVID-19 guidance.
- I understand that failure to comply with the above stated guidance poses a risk to myself as well as those within close contact of me.
- I understand that if my actions do not comply with these guidelines, and as a result pose a significant threat to the health and well-being of the others, I may be asked to leave the premises until I am able to comply with the aforementioned regulations.

Following the pronouncements above I hereby declare the following:

- I am fully and personally responsible for my own safety and actions throughout my participation and I recognize that I may be at risk of contracting COVID-19.
- With full knowledge of the risks involved, I hereby release, waive, discharge Camp Mardela, Inc., its board, officers, independent contractors, affiliates, employees, and representatives from any and all liabilities, claims, demands, actions, and causes of action whatsoever, directly or indirectly arising out of or related to any unintentional exposure, loss, damage, injury, or death that may be sustained by me related to COVID-19 while participating in any activity while in, on, or around the premises.
- I agree to indemnify, defend, and hold harmless Camp Mardela, Inc. from and against any and all costs, expenses, damages, lawsuits, and/or liabilities or claims made by any other person arising out of any violation I commit of the Camp Mardela COVID-19 Guidance.



CAMP MARDELA

By signing below I acknowledge that I have read the foregoing Liability Release Waiver as well as Camp Mardela's COVID-19 Guidance and understand its contents; that I am at least eighteen (18) years old and fully competent to give my consent; that if I am not at least eighteen (18) years of age, my parent or legal guardian has signed this release on my behalf; That I have been sufficiently informed of the risks involved and give my voluntary consent in signing this Liability Release Waiver as my own free act and deed with full intention to be bound by the same, and free from any inducement or representation.

This waiver will remain effective until laws and mandates relevant to COVID-19 are lifted.

Participant Printed Name: _____

Participant Signature: _____

If under 18...

Parent/Guardian Printed Name: _____

Parent/Guardian Signature: _____

Date Signed: _____

Primary Contact Information: _____